



## Suicide & Crisis Resources

Columbia, SC • Charleston • Greenville • Statewide • National — A quick-reference guide for the South Carolina Recovering Professional Program

### Immediate Help

- Call/Text/Chat 988 — [Suicide & Crisis Lifeline](#) (24/7 • free • confidential)
- Call 911 if someone is in immediate danger
- Crisis Text Line: Text HOME to 741741 — [crisistextline.org](http://crisistextline.org) (24/7 text support)
- Veterans Crisis Line: Dial 988, then press 1 • Text 838255 • [chat online](#)

### Local Resources — Columbia, Charleston, Greenville & Statewide

- SC Mobile Crisis — (833) 364-2274 (statewide mobile response)
- Richland County Mental Health Center (Columbia) — (803) 898-8888
- Charleston Dorchester Mental Health Center — (843) 852-4100
- Greenville Mental Health Center — (864) 241-1040
- Helpline of the Midlands — (803) 790-4357
- SCDMH Deaf Services Hotline — VP (803) 339-3339 • [deafhotline@scdmh.org](mailto:deafhotline@scdmh.org)
- SC Office of Suicide Prevention (SCDMH) — Guidance & referrals

### National Resources & Education

- AFSP — American Foundation for Suicide Prevention: [afsp.org](http://afsp.org)
- SAMHSA — Treatment locators & crisis resources: [samhsa.gov](http://samhsa.gov)
- CDC — Suicide prevention resources & data: [cdc.gov/suicide](http://cdc.gov/suicide)
- Lorna Breen Foundation (Healthcare professionals): [drlornabreen.org/removebarriers](http://drlornabreen.org/removebarriers)
- AMA Physician Well-Being Program — American Medical Association: [AMA Physician Well-Being](#)
- NAMI HelpLine — Free mental health support: Call 1-800-950-NAMI or text 'HelpLine' to 62640 [nami.org/help](http://nami.org/help)
- Physician Support Line — National, free & confidential peer assistance: Call 1-888-409-0141 (8am–1am daily) [physiciansupportline.com](http://physiciansupportline.com)

*Important: This sheet is for quick reference and does not replace professional care. If you are in immediate danger, call 911.*

For program questions, contact the South Carolina Recovering Professional Program.